

JUSTWORD
MINISTRIES

DEFEAT *the* DEVIL

A STUDY OF THE WHOLE ARMOUR OF GOD

Sample

EQUIPPED TO WIN

WWW.JUSTWORD.COM

SAMPLE

Defeat the Devil: A Study of the Whole Armour of God © 2022 Just Word Ministries
All rights reserved. No part of this publication may be reproduced, stored in a retrieval system,
or transmitted, in any form or by any means – electronic, mechanical, photocopying, recording,
or otherwise – without prior written permission from the author.

Historical information is from Nelson's Illustrated Bible Dictionary (2014) and Blue Letter Bible.

TABLE OF CONTENTS

THE INTRO: UNDERSTAND THE FIGHT (Page 3)

Ephesians 6:14-18

Stand therefore, having your

1. LOINS GIRT ABOUT WITH TRUTH, (Page 7)

and having on

2. THE BREASTPLATE OF RIGHTEOUSNESS; (Page 13)

And your

3. FEET SHOD WITH THE PREPARATION OF THE GOSPEL OF PEACE; (Page 19)

Above all, taking

4. THE SHIELD OF FAITH, (Page 25)

wherewith ye shall be able to quench all the fiery darts of the wicked. And take

5. THE HELMET OF SALVATION, (Page 31)

and

6. THE SWORD OF THE SPIRIT, (Page 37)

which is the word of God: Praying always with all prayer and supplication in the Spirit...

DEFEAT *the* DEVIL

A STUDY OF THE WHOLE ARMOUR OF GOD

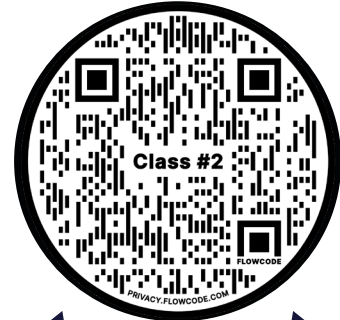
Loins Girt
About with
Truth

EQUIPPED TO WIN

LOINS GIRT ABOUT WITH TRUTH

"Let there be truth in the inward parts"

Watch the Bible Class | SCAN THE QR CODE WITH YOUR SMART PHONE



Scan me!

NOTES

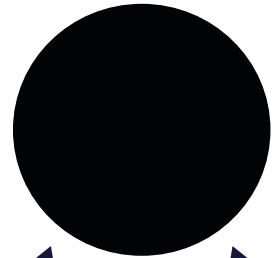
IN CLASS SCRIPTURES

LOINS GIRT ABOUT WITH TRUTH

"Let there be truth in the inward parts"

1. Think about it! | LET'S TALK ABOUT THIS WEAPON

When breaking down the armour, the first instruction given is to "Stand therefore, having your loins girt about with truth" (Eph. 6:14). This weapon speaks of a belt or brace that keeps it all together. Just as Jesus is girt with a golden girdle (Rev. 1:13), we **MUST** be girded, surrounded, secured with truth! What is truth? The word of God (John 17:17). And what are the loins the Bible specifically tell us to gird up? The loins of our MIND (1 Pet. 1:13). If you're going to stand and fight, start with TRUTH surrounding you and protecting your mind, and don't let *anything* else in. Truth holds it all together!



Scan me!

2. Look it up! | USE A STRONG'S CONCORDANCE OR ONLINE BIBLE DICTIONARY

Look up the definitions of key terms in Eph. 6:14-17. Read other verses you find for each word. HINT: Use blueletterbible.com as an online dictionary.

Word	Strong's Number	Definition	Other scriptures this word is found in
Loins			
Girt About			
Truth			

LOINS GIRT ABOUT WITH TRUTH

"Let there be truth in the inward parts"

3. Read the Scriptures!

USE A BIBLE OR ONLINE DICTIONARY

Read the related scriptures & write what you gained from each.

☐ 1 Pet. 1:13-14 _____

☐ John 14:6 _____

☐ John 17:17-19 _____

☐ Eph. 4:14-15,
17-18, 20-21 _____

OPTIONAL

John 8:31-32, 36 _____

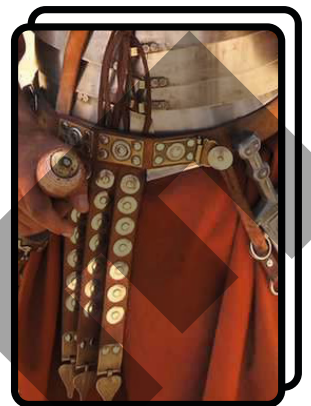
2 Cor. 10:5 _____

Psa. 145:18 _____

Luke 12:35-38 _____

4. How does this weapon work? | READ ABOUT THE PHYSICAL CHARACTERISTICS

1. This was the belt/brace that kept armor tight to the body and supported the daggers and short swords, as in 2 Sam. 20:8 (Joab & Amasa).
2. This belt was usually a wide piece of metal that fully surrounded and protected a warrior's lower trunk and stomach.
3. A girdle or belt was key to being prepared. It was used to bind long flowing garments close to the body, fastening them with a belt, so that they didn't impede movement or hinder one in conflict, competition, or labor.

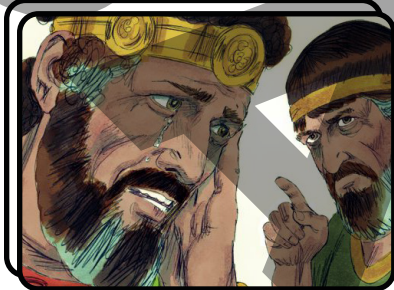
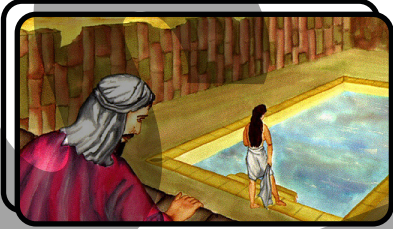


Write: What lesson can we learn from the description of this real-life weapon?

LOINS GIRT ABOUT WITH TRUTH

"Let there be truth in the inward parts"

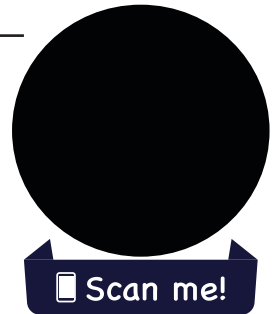
5. Example of Use! | READ THE BIBLICAL EXAMPLE THEN ANSWER THE QUESTION



(A.) **Read the Story:** **DAVID** 1 Kgs. 3:6; Psa. 15:1-4; 2 Sam. 11:1-12:25; Psa. 51; 2 Sam. 7:8-17 vs. **SAUL** 1 Sam. 15, 28

(B.) **Write:** How is this an example of loins girt about with truth?

(C.) **Listen:** Scan the QR to hear the extended answer.



6. Check Yourself! | ARE YOUR LOINS GIRT ABOUT WITH TRUTH?

WEAPON ON - I'M READY TO WIN

I refuse to give heed (listen) to or go after false doctrine. I stay with truth!

☐ or ☐

I seek, know & believe the word of God first, more than anything else.

☐ or ☐

When I'm wrong, I stick with truth: I'm honest & I line up with the Word.

☐ or ☐

WEAPON OFF - I'M IN DANGER OF DEFEAT

I am open to hearing, considering, trusting or believing other doctrines.

I seek, know & believe people & my thoughts/feelings more than Word.

When I'm wrong, I make excuses, lie, and turn from God & God's Word.

7. Let's Apply it! | ANSWER THE QUESTION HONESTLY

Write: How do you make sure truth girds, surrounds, and protects your mind?

DEFEAT THE DEVIL! A Study of the Whole Armour of God. We all have an enemy. Our enemy's goal is to steal, kill, and destroy all that God is doing in our lives and the ones we love (John 10:10). But God has equipped us to be able to withstand the tricks and schemes of the devil. God has given us HIS Armour, The Whole Armour of God. This study will cover what the Armour is and how to use it! The workbook includes:

- ✓ In-depth study of each weapon in the Armour
- ✓ 7 full-length Bible Classes
- ✓ 6 short videos covering each weapon
- ✓ Encouraging playlist to listen to on the go
- ✓ Real-life examples of each weapon
- ✓ Life application questions
- ✓ and more.

DON'T LOSE THIS FIGHT: IT COULD COST YOU ETERNITY!

Just Word Ministries was founded by Pastor Tim Harris to publish the unadulterated truth of God's Word throughout the world. We are focused on supplying quality, comprehensive, scripturally sound books, workbooks, videos, study plans, charts, outlines, and other interactive resources to aid learners of all ages and backgrounds who desire to grow in studying, applying, and teaching the Word of God.

